

Viagra Connect® (sildenafil) 50 mg film-coated tablets

Patient supply scenario cards
for pharmacists



Sildenafil

Please see page 21 for Abbreviated Prescribing information.





How to use this item

These scenario cards provide patient scenarios for VIAGRA CONNECT®. The cards are designed to be kept close at hand so you can use them as a tool in order to gain confidence in approaching conversations with patients.

These cards are to be used in conjunction with the Pharmacy Consultation guide¹ which is available to help you accurately assess patients' suitability for treatment with VIAGRA CONNECT®. You can use these cards to help you:

- Determine if the patient has any medical conditions or is taking any medications that are contraindicated with VIAGRA CONNECT®.
- Determine a patient's fitness for physical activity.
- Counsel patients on correct usage of the product.

Remember: Always advise your customer to schedule a health check-up with his GP as soon as possible within the first 6 months of starting to use VIAGRA CONNECT® to ensure that his erection problems are not caused by any serious health condition.

Mr. Kelly feels that his ED treatment isn't working for him

Age: 42

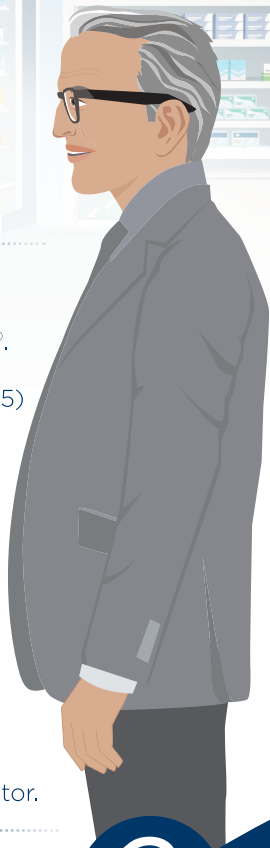
Situation: Visits the pharmacy to enquire about VIAGRA CONNECT®. He recently filled a prescription for another phosphodiesterase 5 (PDE5) inhibitor but feels that treatment hasn't worked and is unsure why. Mr. Kelly asks whether he could take VIAGRA CONNECT® as well, thinking that the combination would work better.

Health: Generally in good health except for being overweight.

Medication and lifestyle:

- phosphodiesterase 5 (PDE5) inhibitor 100mg on prescription.
- Recent weight loss and diet changes on advice from his doctor.

Should you supply VIAGRA CONNECT® to Mr. Kelly?

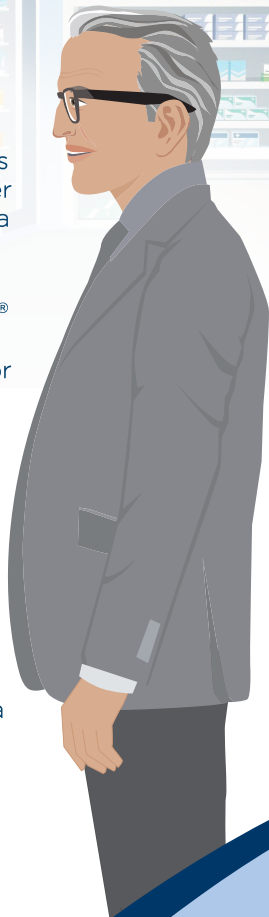




VIAGRA CONNECT® cannot be supplied to Mr. Kelly, because he is already being treated with another PDE5 inhibitor on prescription at a different strength¹.

What should you do next?

- Explain that VIAGRA CONNECT® cannot be supplied to men who are already taking a treatment for erection problems.
- Explain that for some people, treatment may not work immediately.
- Complete the 'no supply' tear-off slip at the bottom of the Pharmacy Consultation guide and provide it to Mr. Kelly.
- Advise that he visits his GP for further advice should treatment not provide him with a satisfactory response.



Mr. Ribas is taking other medications

Age: 58

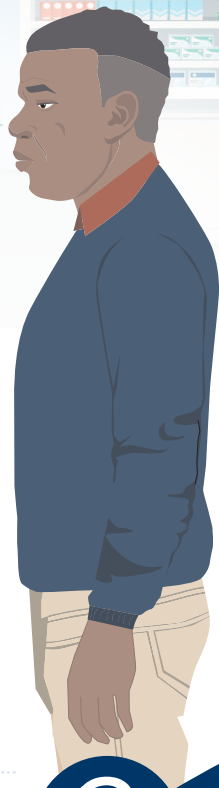
Situation: Mr. Ribas has approached you in the pharmacy and asked to speak in private. He tells you that he saw an advertisement for VIAGRA CONNECT® and would be interested in giving it a try. Upon following the Pharmacy Consultation guide, you find the following:

Health: Diagnosed with pulmonary hypertension 6 months ago, which can leave him short of breath and low on energy. He also has chronic obstructive pulmonary disease (COPD)

Medication and lifestyle:

- Prior smoker, stopped 4 years ago.
- Receiving treatment with riociguat.
- Uses an inhaler for his COPD.

Should you supply VIAGRA CONNECT® to Mr. Ribas?

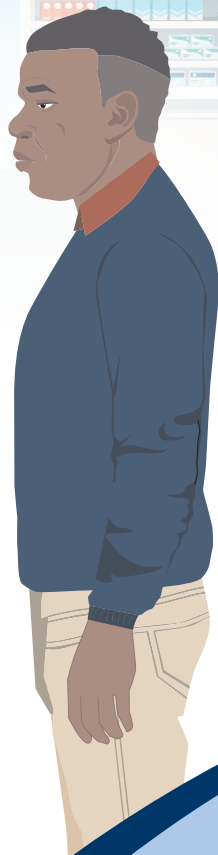




VIAGRA CONNECT® cannot be supplied to Mr. Ribas, because co-administration of sildenafil with guanylate cyclase stimulators, such as riociguat, is contraindicated.¹

What should you do next?

- Explain that treatments like VIAGRA CONNECT® are known to interact with riociguat, so these treatments cannot be used in combination.
- Complete the 'no supply' tear-off slip at the bottom of the Pharmacy Consultation guide and provide it to Mr. Ribas.
- Recommend that he visits his doctor for further advice.



Mrs. Quinn would like a repeat supply for her husband

Situation: Mrs. Quinn and her husband visit your pharmacy regularly. 2 weeks ago, Mr. Quinn was supplied with an 8-tablet pack of VIAGRA CONNECT®. Mrs. Quinn has returned today to ask whether she can collect a further supply on her husband's behalf.

Age: Mr. Quinn is 51


Health: Mrs. Quinn tells you there have been no changes to her husband's health or medication in the past 2 weeks.

Medication and lifestyle:

- VIAGRA CONNECT® at recommended dose.
- Follows sensible diet and exercise regime.

Should you supply VIAGRA CONNECT® to Mrs. Quinn?





Mrs. Quinn's husband is known to your pharmacy and there has been no change since Mr. Quinn completed the Pharmacy Consultation guide 2 weeks ago.

Checks

- Check with Mrs. Quinn that VIAGRA CONNECT® is working for her husband and he is getting the benefit he needs.

What should you do next?

- Remind Mrs. Quinn that the maximum dose is 1 tablet per day.
- Remind Mrs. Quinn that her husband should see his GP within 6 months from first supply of VIAGRA CONNECT®.
- Contact Mr. Quinn by phone if any further information is required.



Mr. O'Rourke has high blood pressure

Age: 57

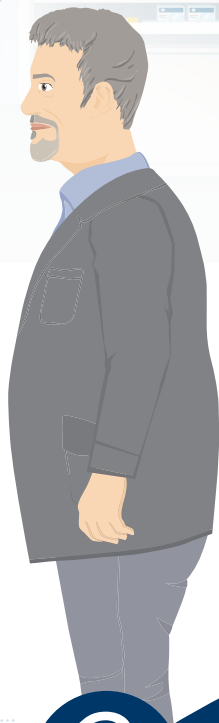
Situation: Difficulties sustaining an erection and wonders if VIAGRA CONNECT® would help. Upon following the Pharmacy Consultation guide, you find the following:


Health: High blood pressure, which has been stable for the last 3 months after a year of difficult control. Also has high cholesterol.

Medication and lifestyle:

- Combination of 2 different blood pressure medications and a cholesterol-lowering medication which are not contraindicated with VIAGRA CONNECT®.²
- Recent weight loss and diet changes to help with high blood pressure and cholesterol.
- No contraindicated medical conditions and blood pressure is stable.

Should you supply VIAGRA CONNECT® to Mr. O'Rourke?

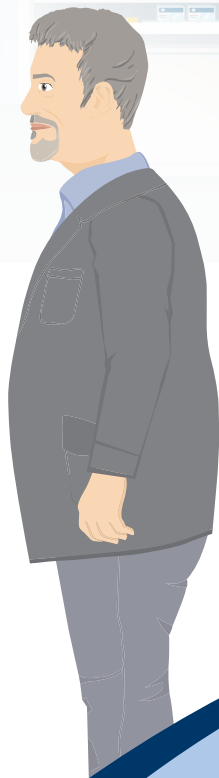




VIAGRA CONNECT® can be supplied to Mr. O'Rourke, because his hypertension is now controlled and he is not taking any contraindicated medications. He appears fit for physical activity.

What should you do next?

- Advise Mr. O'Rourke of the common side effects with VIAGRA CONNECT®.
- Advise him on the dosing and to tell his GP within the next 6 months that he is using VIAGRA CONNECT®.
- Advise him to come back if he has any problems, or if there are any changes to his health or medication.



Mr. Foster is struggling to keep up with his girlfriend

Age: 36

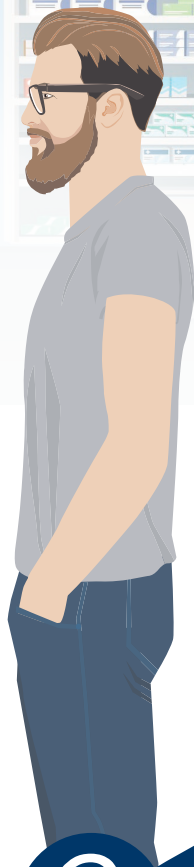
Situation: Has recently found a new girlfriend, who is hard to satisfy. He is finding his recovery period longer than usual and wants something to 'pep him up'. Upon following the Pharmacy Consultation guide, you find the following:

Health: Good; no medical issues and no issues with getting an erection or sexual intercourse.

Medication and lifestyle:

- No medications.
- Follows good diet and exercise regime.
- No contraindicated medical conditions.

**Should you supply VIAGRA
CONNECT® to Mr. Foster?**

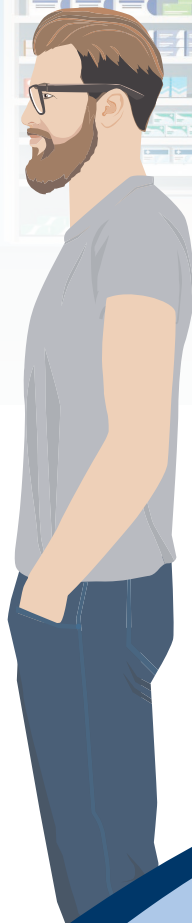




VIAGRA CONNECT® cannot be supplied to Mr. Foster, because it will not enhance performance in men without erection problems.¹

What should you do next?

- Explain that VIAGRA CONNECT® is only indicated for men who have erection problems.
- Explain what erection problems are and why he does not have erection problems.
- Complete the 'no supply' tear-off slip at the bottom of the Pharmacy Consultation guide and provide it to Mr. Foster.



Mr. Aherne would like a repeat supply

Age: 42

Situation: Came into your pharmacy last week and after taking him through the Pharmacy Consultation guide, you supplied an 8-tablet pack of VIAGRA CONNECT®. He is back this week and has asked for a further supply of 8 tablets.

Health: No concerns that might limit the ability to re-supply.

Medication and lifestyle:

- VIAGRA CONNECT® at recommended dose.
- Follows sensible diet and exercise regime.

**Should you supply VIAGRA
CONNECT® to Mr. Aherne?**



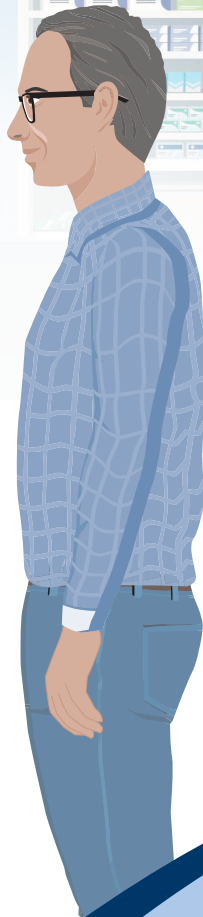


Checks

- Check that the customer has a slip for re-supply.
- Check that the drug is working for him and that he is getting the benefit he needs.

What should you do next?

- Provided there has been no change since Mr. Aherne completed the Pharmacy Consultation guide, you can provide a further supply of VIAGRA CONNECT®.
- Remind Mr. Aherne that the maximum dose is 1 tablet per day.
- Remind him to see his GP within 6 months from first supply of VIAGRA CONNECT®.



Mr. Jones has unidentified heart conditions

Age: 65

Situation: Regular customer who is enquiring about VIAGRA CONNECT® for the first time. He is worried that his erection problems have become more regular and are affecting his relationship. Upon following the Pharmacy Consultation guide, you find the following:

Health: Mr. Jones tells you he suffers from angina and he occasionally gets out of breath, but is closely monitored by his doctor.

Medication and lifestyle:

- Taking a beta blocker and another cardiovascular medication which are not contraindicated with VIAGRA CONNECT®.²
- Has been trying to be more physically active on his doctor's advice.

Should you supply VIAGRA CONNECT® to Mr. Jones?





VIAGRA CONNECT[®] should not be supplied to Mr. Jones. His medications are not contraindicated but could be contributing to his erection problems as a side effect. He may also be using a nitrate medication to treat or prevent angina symptoms when needed.

It is important to inform Mr. Jones that nitrates must not be used at the same time as VIAGRA CONNECT[®].¹

What should you do next?

- While Mr Jones' medications are not contraindicated, as he may be taking a nitrate medication which is, he should seek advice from his GP.
 - Complete the 'no supply' tear-off slip at the bottom of the Pharmacy consultation guide and provide it to Mr. Jones.
 - Recommend that he visits his doctor for further advice.
-

Mr. Lowry has a hectic lifestyle

Age: 35

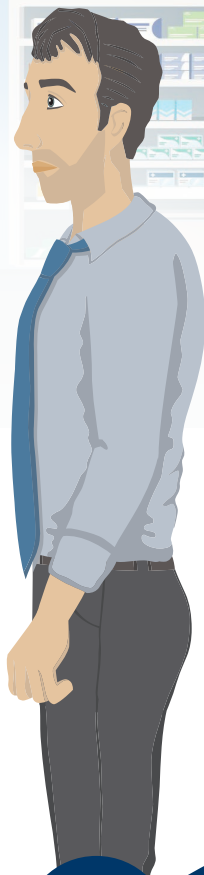
Situation: Mr. Lowry asks to see you in private. He says he has been working long hours, and hasn't been eating properly or sleeping well. After a particularly stressful period at work, he has been finding it difficult to get and maintain an erection hard enough for satisfactory sex, and is keen to try VIAGRA CONNECT®. Upon following the Pharmacy Consultation guide, you find the following:


Health: Relatively good, although he says he would like to lose weight and improve his fitness.

Medication history and lifestyle:

- Often relies on convenience food and struggles to make time for exercise.
- Drinks alcohol most nights.

Should you supply VIAGRA CONNECT® to Mr. Lowry?

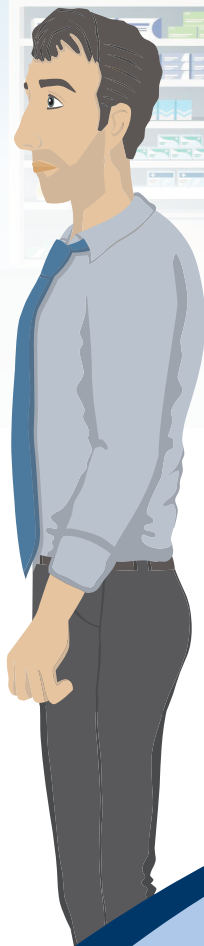




VIAGRA CONNECT® can be supplied to Mr. Lowry. However, lifestyle changes may also help to improve his erection problems.

What should you do next?

- Advise Mr. Lowry of the common side effects with VIAGRA CONNECT®.¹
- Provide appropriate advice on lifestyle factors and general healthy living.
- Advise him on the dosing and to tell his GP within the next 6 months that he is using VIAGRA CONNECT®.
- Advise him to come back if he has any problems, or if there are any changes to his health or medication.



Mr. Singh has performance anxiety

Age: 39

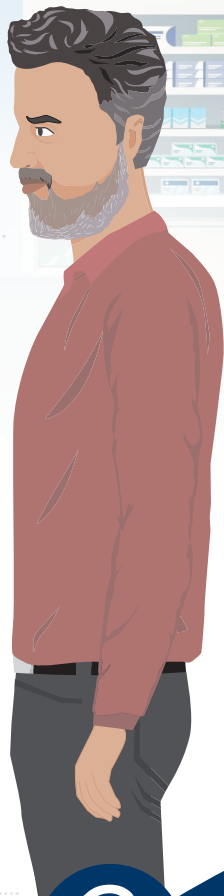
Situation: Divorced 3 years ago and has just found a new partner. Has had occasional erection problems over the last 3 months and is anxious about performing well in bed. He doesn't want it to affect their relationship. Upon following the Pharmacy Consultation guide, you find the following:


Health: Relatively good, with nothing untoward in a routine check-up 5 months ago.

Medication and lifestyle:

- Takes ibuprofen occasionally for backache.
- Prior smoker, stopped 8 years ago.
- No contraindicated medical conditions.

Should you supply VIAGRA CONNECT® to Mr. Singh?

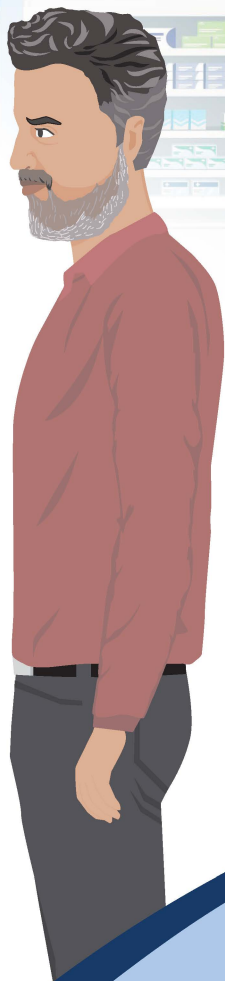




VIAGRA CONNECT® can be supplied to Mr. Singh. The Pharmacy Consultation guide and your professional judgement indicate that he has low cardiovascular risk, is in good health and is fit for physical activity.

What should you do next?

- Advise Mr Singh that he may need to take VIAGRA CONNECT® a number of times on different occasions (a maximum of one 50 mg tablet per day), before he achieves a penile erection satisfactory for sexual activity. If after several attempts on different dosing occasions he is still not able to achieve a penile erection sufficient for satisfactory sexual activity, advise him to consult a doctor.²
- Ask him to tell his GP within the next 6 months that he is using VIAGRA CONNECT®.



REFERENCE

1. The Pharmacy Consultation Guide available on www.medicines.ie
2. Viagra Connect SmPC available on www.medicines.ie

ABBREVIATED PRESCRIBING INFORMATION

VIAGRA CONNECT® (SILDENAFIL) 50 MG FILM-COATED TABLETS

Please refer to Summary of Product Characteristics (SmPC) before prescribing

Indications, Dosage and Administration: Indications: For erectile dysfunction in adult men. Dosage and Method of use: Adults: one 50 mg tablet taken with water approx. one hour before sexual activity. The maximum dosing frequency is once per day. The onset of activity may be delayed if taken with food. Patients should be advised that they may need to take Viagra Connect a number of times on different occasions (max of one 50 mg tablet per day), before they can achieve a penile erection satisfactory for sexual activity. If patients are still not able to achieve a sufficient penile erection they should be advised to consult a doctor. Elderly: no dosage adjustments required (≥ 65 years old). Renal Impairment: No dosage adjustments for patients with mild to moderate renal impairment. Dosage adjustments required for those with severe renal impairment, see SmPC. Hepatic Impairment: Dosage adjustments required for those with mild-moderate hepatic impairment, see SmPC. Viagra Connect is contraindicated for patients with severe hepatic impairment (see contraindications).

Presentation: Film-coated tablets containing sildenafil citrate equivalent to 50 mg of sildenafil.

Contraindications: Hypersensitivity to the active substance or to any of the excipients. Co-administration with nitric oxide donors (such as amyl nitrite), nitrates, ritonavir, guanylate cyclase stimulators (such as riociguat) is contraindicated. Agents for the treatment of erectile dysfunction, including sildenafil, should not be used by those men for whom sexual activity may be inadvisable, and these patients should be referred to their doctor. This includes patients with severe cardiovascular disorders such as a recent (6 months) acute myocardial infarction (AMI) or stroke, unstable angina or severe cardiac failure. Sildenafil should not be used in patients with severe hepatic impairment, hypotension (blood pressure $< 90/50$ mmHg) and known hereditary degenerative retinal disorders such as retinitis pigmentosa (a minority of these patients have genetic disorders of retinal phosphodiesterases). Sildenafil is contraindicated in patients who have loss of vision in one eye because of non-arteritic anterior ischaemic optic neuropathy (NAION), regardless of whether this episode was in connection or not with previous PDE5 inhibitor exposure. Viagra Connect should not be used in patients with anatomical deformation of the penis (such as angulation, cavernosal fibrosis or Peyronie's disease). Viagra Connect is not indicated for use by women. The product is not intended for men without erectile dysfunction. This product is not intended for men under 18 years of age.

Warnings and precautions: Erectile dysfunction can be associated with a number of contributing conditions, e.g. hypertension, diabetes mellitus, hypercholesterolaemia or cardiovascular disease. As a result, all men with erectile dys-

function should be advised to consult their doctor within 6 months for a clinical review of potential underlying conditions and risk factors associated with erectile dysfunction (ED).

If symptoms of ED have not improved after taking Viagra Connect on several consecutive occasions, or if their erectile dysfunction worsens, the patient should be advised to consult their doctor. Cardiovascular risk factors: Since there is a degree of cardiac risk associated with sexual activity, the cardiovascular status of men should be considered prior to initiation of therapy. Agents for the treatment of erectile dysfunction, including sildenafil, are not recommended to be used by those men who with light or moderate physical activity, such as walking briskly for 20 minutes or climbing 2 flights of stairs, feel very breathless or experience chest pain. For a list of patients who are considered at low cardiovascular risk from sexual activity see SmPC. Patients previously diagnosed with the following must be advised to consult with their doctor before resuming sexual activity: uncontrolled hypertension, moderate to severe valvular disease, left ventricular dysfunction, hypertrophic obstructive and other cardiomyopathies, or significant arrhythmias. Sildenafil has vasodilator properties, resulting in mild and transient decreases in blood pressure. Patients with increased susceptibility to vasodilators include those with left ventricular outflow obstruction (e.g. aortic stenosis), or those with the rare syndrome of multiple system atrophy manifesting as severely impaired autonomic control of blood pressure. Priapism: Patients who have conditions which may predispose them to priapism (such as sickle cell anaemia, multiple myeloma or leukaemia), should consult a doctor before using agents for the treatment of erectile dysfunction, including sildenafil. Prolonged erections and priapism have been occasionally reported with sildenafil in post-marketing experience. In the event of an erection that persists longer than 4 hours, the patient should seek immediate medical assistance. Concomitant use with other treatments for erectile dysfunction is not recommended. Effects on vision: Patients should be advised that in the event of any sudden visual defect, they should stop taking Viagra Connect and consult a physician immediately. Concomitant use with CYP3A4 inhibitors: patients should be advised to consult a doctor before taking Viagra Connect as a 25 mg tablet may be more suitable for them. Concomitant use with alpha-blockers: Caution is advised when sildenafil is administered to patients taking an alpha-blocker, as the co-administration may lead to symptomatic hypotension in a few susceptible individuals. This is most likely to occur within 4 hours post sildenafil dosing. In order to minimise the potential for developing postural hypotension, patients should be hemodynamically stable on alpha-blocker therapy prior to initiating sildenafil treatment. Thus, patients taking alpha blockers should be advised to consult their doctor before taking Viagra Connect. Treatment should be stopped if symptoms of postural hypotension occur, and patients should seek advice from their doctor on what to do. Effect on bleeding: the use of sildenafil is not recommended in those patients with history of bleeding disorders or active peptic ulceration, and should only be administered after consultation with a doctor. Hepatic impairment: Patients with hepatic or renal impairment must be advised to consult their doctor before taking Viagra Connect, since a 25 mg tablet may be more suitable for them. Lactose: The film coating of the tablet contains lactose. Viagra Connect should not be administered to men with rare hereditary problems of galactose intolerance, total lactase deficiency or glucose-galactose malabsorption. Sodium: This medicinal product contains less than 1 mmol sodium (23 mg) per tablet. Patients on low sodium diets can be informed that this medicinal product is essentially 'sodium-free'. Use with alcohol: Drinking excessive alcohol can temporarily reduce a man's ability to

get an erection. Men should be advised not to drink large amounts of alcohol before sexual activity.

Interactions with other medicinal products and other forms of interaction: Individuals receiving concomitant treatment with CYP3A4 inhibitors must be advised to consult their doctor before taking Viagra Connect, dosing adjustments may be required, see SmPC. Patients receiving alpha blocker treatment should be stabilised on therapy prior to initiating sildenafil treatment and must be advised to consult their doctor before taking Viagra Connect as dosing adjustments may be required, see SmPC. Caution when sildenafil is initiated in patients treated with sacubitril/valsartan, see SmPC.

Fertility, pregnancy and lactation: There was no effect on sperm motility or morphology after single 100 mg oral doses of sildenafil in healthy volunteers. Viagra Connect is not indicated for use by women.

Undesirable effects: Very common ($\geq 1/10$): headache. Common ($> 1/100$, $< 1/10$): dizziness, visual colour distortions, visual disturbance, vision blurred, flushing, hot flush, nasal congestion, nausea, dyspepsia. For details of uncommon, rare and very rarely reported adverse events and those of unknown frequency, see SmPC.

Reporting of adverse reactions: Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via HPRA Pharmacovigilance, Website: www.hpra.ie. Adverse reactions/events should also be reported to the marketing authorisation holder at the email address: pv.ireland@viatris.com or phone 0044(0)8001218267.

Legal Category: Not subject to medical prescription.
Supply through pharmacies only.

Marketing Authorisation Number: PA23055/016/001

Marketing Authorisation Holder: Upjohn EESV, Rivium Westlaan 142, 2909 LD Capelle aan den IJssel, Netherlands.

Full prescribing information available on request from: Viatris, Dublin 17.
Phone 01 8322250

Date of Revision of Abbreviated Prescribing Information: 01 Feb 2024

Reference Number: IE-AbPI-ViagraConnect-v004

viagraconnect.ie

Viatris, Newenham Court, Malaide Road,
Northern Cross, Dublin 17, Ireland



Sildenafil



VIATRIS